



Start living with less pain today

The Oska Pulse is portable, shareable, affordable,
and 100% drug free

Natural pain relief from CRPS with the Oska Pulse

Living with CRPS can be exhausting — but you have gentler options. Many people around the world are finding real relief using the Oska Pulse, a pain-relief device proudly designed here in Western Australia and registered with the TGA (Australia's medicines and medical-device safety regulator).

What is CRPS?



If you live with [Complex Regional Pain Syndrome](#) — CRPS for short — you'll know it's a condition most people wouldn't wish on anyone. Not so long ago, it was sometimes wrongly dismissed as “all in the mind.” Thankfully, that's changed: health professionals now recognise CRPS as a very real physical condition, and it affects more than 5,000 Australians every year.

What the name means: “Complex Regional Pain Syndrome” describes long-lasting pain (that's the chronic part) that's usually much greater than you'd expect, and often concentrated in one region of the body, such as a hand or foot.

CRPS often begins after an injury to a limb — perhaps from an accident, surgery, a stroke or a heart attack. Damaged nerve fibres send out a burning kind of pain that seems to spread outwards from where the trouble started. This is nerve pain (doctors call it “neurological” pain), and it can carry on for many months, sometimes long after the original injury itself has healed.

The pain can range from mild to severe, and it's often far more intense than the original injury would suggest. The affected area can become so sensitive that even the light weight of clothing feels uncomfortable.

There is some hope in the bigger picture: CRPS can ease over time. For some people it fades away completely, or becomes much milder, though this may take years. For others the pain is more persistent and has a real impact on daily life — and if that's you, please know your experience is valid and taken seriously here.

Looking for natural pain relief

CRPS is ranked among the most painful of all medical conditions, yet there's currently no outright cure and only a limited number of treatments. Understandably, many people worry about relying on strong painkillers over the long term. So, what other options are there?

The **Oska Pulse** is one drug-free option that a growing number of people are using alongside their other therapies, with very encouraging results. It's completely portable, and here's the lovely part — it doesn't even need to touch you. You can simply rest it nearby; it works effectively up to 30 cm (about 12 inches) from your body.

How does the Oska Pulse work?

Let's take a quick, friendly look under the bonnet. Your body is made up of around 35 trillion cells — roughly 200 different types — which together build your bones, tissues, skin, and organs, and keep you alive and well.

Here's a fun fact: about a million of your cells wear out and die every single second. That sounds alarming, but it's completely normal — your body is constantly replacing them with fresh new ones.

And here's where CRPS can throw a spanner in the works. Food gives your body some of the energy it needs, but a natural chemical process is also required to rebuild and replace worn-out cells.

Normally, this ticks along nicely while you're up and about. But when pain — from CRPS, an injury, or wear-and-tear conditions like osteoarthritis — makes movement difficult, things can start to slip, and recovery slows down.

In other words, the pain of CRPS can stop you exercising, and less movement can mean your body heals more slowly — a frustrating cycle.



So, what does the Oska Pulse actually do?

In simple terms, it helps create the right conditions for your body to regenerate those damaged cells. It's a fascinating (and quite technical) subject — if you'd like to go deeper, you're very welcome to visit our [About the Science](#) page.

Why not experience Oska's technology for yourself? You could be on your way to saying goodbye to pain — and feeling life and energy flowing through you once more.

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