

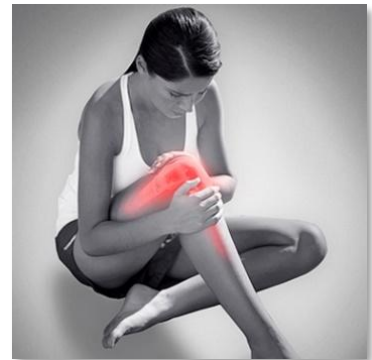
Oska Pulse Assists Natural Healing



One of the questions we hear most often is: “How long before the Oska Pulse starts to help?” It’s a fair question, and the honest answer is that it varies from person to person. As a general rule, a young, healthy body tends to bounce back sooner than one worn down by age or illness. That said, we’ve been pleasantly surprised many times by people who responded far more quickly than we’d have guessed — so there’s always room for a happy surprise.

Here’s the key point to understand: the Oska Pulse doesn’t heal you directly. Instead, it creates the right conditions for your cells to regenerate — that is, to repair and renew themselves. Whether you’re recovering from an injury, healing after surgery, or managing a wear-and-tear condition such as osteoarthritis (a type of arthritis in which the cushioning in the joints gradually breaks down), your body follows a broadly similar repair process. Damaged muscle, bone, and connective tissue all need time to rebuild, each in its own way.

It helps to remember that inflammation, uncomfortable as it is, is part of healing — not the enemy. It’s your immune system rolling up its sleeves to fight infection. This is one of the most important stages of recovery, and it’s often when pain is at its strongest. Your white blood cells (the body’s defenders) are busy tackling invaders such as bacteria and viruses, and the redness and warmth you feel are signs that your immune system is doing exactly what it should.



The Oska Pulse works through a set sequence of stages. In the first phase, it helps your body increase blood flow to the area being treated and supports the lymph system — your body’s natural drainage network — in clearing away waste and toxins. The Oska Pulse gives this early stage of healing a helping hand to move along more quickly.

From there, the Oska Pulse continues to support the remaining stages of natural healing. It encourages new cells to grow by creating a nourishing internal environment in which everything recovers more quickly. Think of it like feeding a tired, patchy lawn: spread some fertiliser, water it in, and a few weeks later it’s lush and green again. That’s much the way the Oska Pulse works with your body.

So how long will it take? As with that lawn, it depends on how serious the problem is and how long you’ve been living with it. Short-term (acute) issues may settle within a few days or weeks. Long-term (chronic) injuries can take longer — weeks or even months. The Oska Pulse should help speed your natural healing, but it’s not magic; it’s science. How your body responds will always depend on the extent of the repair it’s working to achieve.

Persistence is the key to success.

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