

Real-World Success with the Oska Pulse



PEMF therapy has been studied across a wide range of medical conditions, and it's shown encouraging success in several areas. Here are a few examples worth noting.

PEMF, made simple: *PEMF stands for Pulsed Electromagnetic Field therapy — a gentle, drug-free approach that sends soft, pulsing energy into the body to support its own natural healing. You don't feel a thing while it works.*

1. Helping bones heal

PEMF therapy is approved by the FDA, TGA and CE (*the medical-safety regulators in the US, Australia and Europe*) for treating non-union fractures — breaks that stubbornly fail to heal on their own. Studies show PEMF can stimulate bone growth and repair by boosting cellular activity and blood flow, and research has found it can significantly shorten fracture healing time.



“Non-union fracture”? *It's a broken bone that hasn't healed in the expected time, where the two ends simply aren't joining back together. PEMF can help restart that stalled healing.*

2. Managing ongoing pain

PEMF helps with long-term pain conditions, including osteoarthritis, fibromyalgia, and lower-back pain. It's been documented to ease pain and inflammation while improving joint function and quality of life. One study in the Journal of Rheumatology found PEMF effective in reducing pain and improving function in people with knee osteoarthritis.

Two conditions explained: *Osteoarthritis is the common “wear-and-tear” arthritis, where the cushioning in a joint gradually wears down. Fibromyalgia is a condition that causes widespread muscle pain, tenderness and fatigue.*

3. Control inflammation, reduce pain

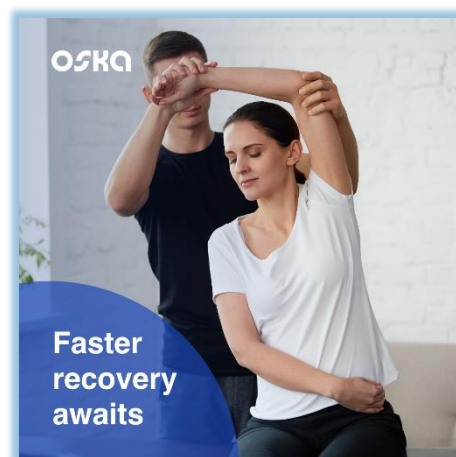
PEMF has been shown to aid post-surgical recovery by reducing pain, inflammation and swelling (oedema), while also supporting tissue repair and accelerating healing. In a study of patients who had breast augmentation surgery, those who received PEMF therapy experienced less pain and swelling and recovered more quickly than those who didn't.

4. Healing stubborn wounds

PEMF has also been used to aid wound healing, particularly for chronic wounds such as diabetic ulcers and pressure sores. It promotes cellular repair, increases blood flow, and reduces inflammation — all crucial for healing. A study in the Journal of Clinical and Experimental Dermatology Research found that PEMF significantly improved the healing rate of chronic wounds.

5. Faster recovery after surgery

Together, these examples highlight the real potential of PEMF therapy across many conditions. It's worth remembering, though, that results can vary from person to person and depend on the specific condition being treated—and research continues to explore its full potential and fine-tune the best ways to use it.



Encouraging evidence, real-world results — and a gentle, drug-free approach that continues to be studied and refined.

This document is for informational purposes only and is not a substitute for professional medical advice. Please do not change or stop any current medication without first consulting your doctor.

References:

1. Bone healing: "Effect of Pulsed Electromagnetic Fields on Healing of Experimentally Induced Delayed Union of Rat Tibiae." *Journal of Orthopaedic Research*.
2. Pain management: "Clinical Evaluation of the Effects of Pulsed Electromagnetic Fields (PEMF) on Knee Osteoarthritis." *Journal of Rheumatology*.
3. Post-surgical recovery: "The Use of Pulsed Electromagnetic Fields to Reduce Pain and Oedema in Breast Augmentation Patients." *Aesthetic Plastic Surgery*.
4. Depression and anxiety: "Efficacy of Pulsed Electromagnetic Field Therapy in Treatment-Resistant Depression: A Randomized, Controlled Trial." *Journal of Affective Disorders*.
5. Wound healing: "Pulsed Electromagnetic Field Therapy for Management of Diabetic Foot Ulcer: A Prospective Study." *Journal of Clinical and Experimental Dermatology Research*.

With warm regards,

The Oska Pulse Support Team

Medic Technology International Pty Ltd

PO Box 1939, Wangara WA 6947 | Ph: +61 8 9306 1200

www.oskapulse.au